



The greatest gift for women is the miracle of giving birth. However, every woman knows that something will never be the same after having a baby. During pregnancy, the womb is capable of holding a baby 3,000 gm to 4,000 gm in weight as well as expanding to accommodate the baby. During childbirth, the cervix and vagina will expand to allow delivery. As a result, a woman who us to give birth would experience loss of elements.

to allow delivery. As a result, a woman who used to give birth would experience loss of elasticity and tightness on the vaginal muscles.



Research shows that the number of women suffering from cervical cancer has increased. One contributing reason is the lack of feminine hygiene leading to bacterial, viral or fungal infections. This results in unsightly white leucorrhoea discharges, embarrassing odours, irritation and inflammation of the vagina, the Fallopian tubes and the cervix.

K-Puyikang can help overcome these issues. It tightens and strengthens the vaginal muscles to improve sensation and kills germs to prevent occurrence of infections and diseases. Stay clean and confident all the time with **K-Puyikang**!

WHAT IS LEUCORRHOEA?

It is a medical term for vaginal discharge that is usually known as white discharge.

There are other similar discharges which occur naturally reflecting a female's biological condition. Some of these are:

- 1. The day before or during ovulation, in which heavy and thick discharge occurs.
- Several days before or during menstruation, in which the discharge is heavy and dark in colour.
- Pregnancy also causes heavy discharges.

A normal discharge is characterized by being odourless, lightly coloured to colourless when no irritations occur. Signs of infections include reddish, yellowish or abnormally heavy flow of discharge.



HYGIENE TREATMENT

WHAT IS VAGINAL INFLAMMATION?

Abnormally heavy discharge may indicate infection that causes inflammation of the vagina.

When inflammation occurs, discharge may become thicker with a darker appearance (yellowish to dark red), unpleasant odours, inflammation around the vaginal area and even pain during sex. However, serious vaginal inflammation is characterized by worse symptoms. For example, discharge becomes thicker and inflammation occurs at the vaginal area. The discharge may come with a strong odour, and the Fallopian tube may even start to bleed. The bleeding can be detected with a discharge appearing in dark red colour.

As prevention one must always maintain proper hygiene with the right product. However, some women may use soap or certain cleansers indiscriminately, which only serves to worsen the problems. Feminine hygiene should not be taken lightly as such.

SUGGESTIONS FOR A HEALTHY LIFESTYLE

- Keep a good mental health. Keep calm always, be less worried, learn to manage and keep your emotions stable. Do not eat food that is too cold, spicy or sour.
- 2. Do not wear tight clothing. Cotton fabric is the best and most comfortable choice.
- 3. Always wear clean and dry undergarments.
- 4. Wear loose clothing when sleeping.
- Use showers instead of bathtubs. Practice hygiene when using public showers and use only your own towel.
- 6. Do not use unchecked medication or cleansers for feminine hygiene.

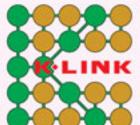
DIRECTIONS:

Pour the contents of one packet of **K-Puyikang** into the bottle provided. Add warm water and shake. Insert and use to cleanse the vagina at least 30 minutes before bath/ shower. Do not use soap or other products afterwards. Use once daily. Regular use may help improve hygiene and sensitivity.

CAUTIONS:

- Do not use during menstruation or pregnancy.
- 2. Do not insert too deeply as this may cause discomfort, pain or even injury.
- This product is a special douche for women. It does not contain medication and is not for any medical purposes. If you have any allergies or enquiries, please consult your physician before using this product.
- If you experience abnormally heavier discharge or irritation after use, this may indicate sensitivity to our product. Wash with water after use. Please consult a physician if irritation persists.

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