

ORGANIC  
**K-BioGreen**



Balanced Multi-Nutrients  
*go NATURAL, go HEALTHY, go ORGANIC*



# Today's Lifestyle – Dis

Recent years have brought profound changes in the lifestyle of the industrialized world where poor dietary habits, toxins, chemical, antibiotic and drugs, stress, lack of exercise are concerned. Many do suffer from illnesses and diseases referred to as "diseases of civilization". The best advice is to always watch what you eat, control your appetite, exercise regularly and practice stress management to help improve our health condition. The comfortable



blood pH level in a healthy body is from 7.2 to 7.4, which is more slightly to alkaline. Whenever the digestive system metabolises richly content food, acids are produced. The natural way of neutralising the acid level in the body is through the lungs, kidney and skin. Plus, the intake of pesticides and herbicides through the daily consumption of food. This will make the acid level higher and can cause the lungs, kidney to be overworked or unable to function properly. The body



## What is Organic Food

Organic food is grown and stored without using any pesticides, herbicides, artificial fertilizers, growth hormones, genetic engineering (biotechnology), irradiation and antibiotics.

"Organic farming delivers the highest quality, best-tasting food, produced without artificial chemicals or genetic modification, and with respect for animal welfare and the environment, while helping to maintain the landscape and rural communities" quoted by HRH the Prince of Wales, Soil Association patron.

The World Health Organisation recommends that the optimal diet for each one of us is a low-fat, high-fibre diet rich in complex carbohydrates, characterised by a frequent consumption of fruits and vegetables, whole-grain cereals, legumes, nuts and seeds.

The International Committee on Food, Nutrition and Prevention of Cancer recommended choosing a predominantly "plant-based diet", minimally processed starchy staple foods such as grains, roots and tubers.

A large number of research studies have shown that a diet rich in the vitamin antioxidants (vitamin C, E and the carotenoids) is associated with improved health with a lower risk of coronary heart disease and cancer. Most plants are also well endowed with a variety of phytochemicals that may act as antioxidants, stimulate the immune system, include protective enzymes in the liver, or block damage to genetic materials. Phytochemicals and antioxidants are the two types of compounds that are not found in the foods of animal origin.

In recent years, there has been increasing scientific studies demonstrating the healing power of many vegetable foods. Among these, we find genuine natural foods capable of neutralising and eliminating toxins, regulating vital functions, curbing arteriosclerosis, avoiding cancer, and generally maintaining good health and well being.

## Organic BioGreen



**K-BioGreen** is an organic food that is specially selected from 58 unique types of ingredients such as beans, grains, vegetables, seaweed and bifido-bacteria and food enzyme that play important roles in the human body to cleanse and detoxify, to rejuvenate, to restore the healthy functions of the vital organs, and to build immunity. When this product is ingested into the body, it will give you a feeling of fullness and is suitable for those who aim for healthy diets and body slimming.

The **K-BioGreen** is a "well balanced" nutritious food powder with no additives and non-genetically modified, which is certified as organic by the AsureQuality Limited in New Zealand.

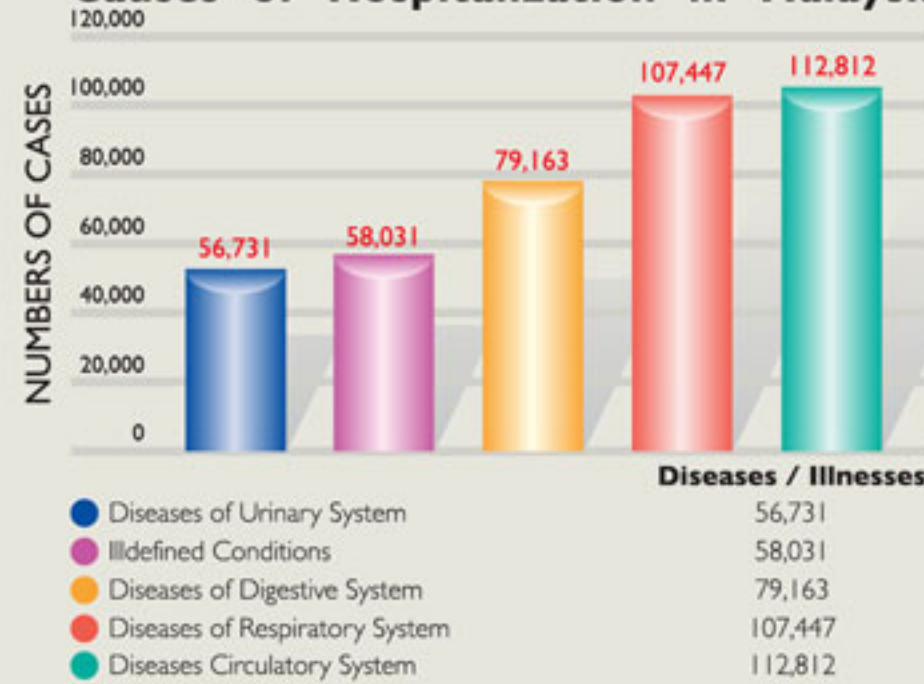




# Diseases of Civilization

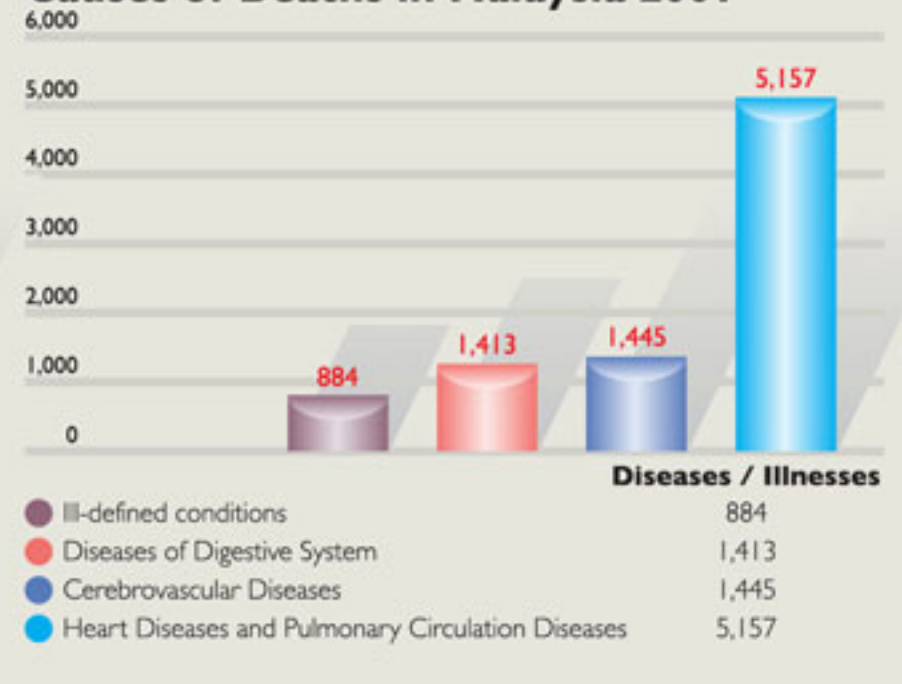
will start to extract alkaline minerals like calcium, magnesium or potassium to help neutralise the high acidic level. This effect causes a weakness on the bones and tissues where the minerals have been extracted. Health problems like osteoporosis, colon cancer, hypertension, diabetes, cholesterol, coronary disease, arteriosclerosis, myocardial infarction (Heart Attack), hyperlipidemia and others may arise due to the calcium extraction of the bones.

**Causes of Hospitalization in Malaysia**



Total Discharges : **1,625,527**

**Causes of Deaths in Malaysia 2001**



Total Number of Deaths : **32,262**

## The Functions of Organic BioGreen Ingredients

Golden Grain Husk, White Wheat, Red Wheat, Buckwheat Grouts, Wild Rice, Brown Rice, Barley Malt Concentrate, Rye Grains	<ul style="list-style-type: none"> <li>- Rich in fibre that has a gentle stimulating effect on digestive system and regulates bowel movement.</li> <li>- Converting the fat stored in body into energy to promote weight loss.</li> <li>- Contains anti-cancerous and antioxidant agents.</li> </ul>
Wheat Germ	<ul style="list-style-type: none"> <li>- Rich in protein, Vitamin B complex, Vitamin E, iron, etc.</li> <li>- Also contains cuprum, magnesium, manganese, calcium and phosphorous.</li> </ul>
Organic Oats	<ul style="list-style-type: none"> <li>- Oats fibre help to reduce blood cholesterol levels, prevent heart diseases and high blood pressure.</li> <li>- Rich in Vitamin B complex and small amount of minerals.</li> <li>- Relieve constipation, anti-ageing and moisturises the skin.</li> </ul>
Various Bean Mix : Green Lentils, Crimson Lentils, Red Lentils, Gold Lentils, Split Yellow Peas, Black Chick Peas, French Green Lentils, Peanut	<ul style="list-style-type: none"> <li>- Contains ample essential nutrients. Rich in uncompleted-protein, iron, vitamin B1, B2.</li> <li>- Lentils can help to reduce blood sugar level and cholesterol level.</li> </ul>
Soybeans	<ul style="list-style-type: none"> <li>- Suitable for vegetarians supplement protein intake.</li> <li>- Contain vitamins and minerals.</li> </ul>
Apricot Kernel, Walnuts, Ginkgo	<ul style="list-style-type: none"> <li>- Contain protein, unsaturated fatty acids, vitamin B-complex, vitamin E, calcium, iron, potassium, magnesium, phosphorous, cuprum, etc.</li> </ul>
Red Dates, Black Dates	<ul style="list-style-type: none"> <li>- High in protein.</li> <li>- Contain sugar, organic acid, vitamin A, B, C and small amount of calcium, phosphorous and iron.</li> </ul>
Pumpkin Seeds, Lotus Seeds, Pine Seeds, Black Sesame	<ul style="list-style-type: none"> <li>- Rich in protein, vitamins A, B, D and E, phosphorous, calcium, iron, fluorine, iodine, potassium, magnesium, zinc and unsaturated fatty acids, etc.</li> </ul>
Euryales Seeds	<ul style="list-style-type: none"> <li>- To benefit the kidney and arrest seminal discharge, to invigorate the function of the spleen and relieve diarrhoea and to remove damp as well as check excessive leucorrhoea.</li> </ul>
Flax Seeds	<ul style="list-style-type: none"> <li>- A well-rounded source of nutrients.</li> <li>- Contain omega-3 fatty acid that protects against coronary artery diseases, cancer and diabetes mellitus.</li> </ul>
Coicis Seeds	<ul style="list-style-type: none"> <li>- High in protein.</li> <li>- Contain fatty acid, carbohydrate and small quantity of vitamin B and amino acid.</li> </ul>
Spinach	<ul style="list-style-type: none"> <li>- Rich in anaemia preventing nutrients : iron, potassium, calcium, magnesium, folic acid and lactoflavin.</li> <li>- Improves blood circulation, replenish anticancer agent.</li> </ul>
Celery	<ul style="list-style-type: none"> <li>- Helps appetite and digestion, enhance metabolism.</li> <li>- Helps in reducing the risk of high blood pressure, heart diseases and stroke.</li> </ul>
Carrots	<ul style="list-style-type: none"> <li>- Contain beta-carotene that helps in having good eyesight.</li> <li>- Helps digestion, enhances metabolism and strengthens the immune system.</li> </ul>
Cabbage, Broccoli	<ul style="list-style-type: none"> <li>- Rich in beta-carotene.</li> <li>- High in anti-cancerous agents : Indoles.</li> </ul>

Yam	- Contains free amino acids, sugar, albumin, etc.
Liquorices	- Chinese herbal. Acts on the glands, especially the adrenals to optimise hormone level.
Mushroom	<ul style="list-style-type: none"> <li>- 100g of mushrooms contain 2-3g of protein.</li> <li>- Small amount of fatty acid.</li> </ul>
Soy Lecithin	<ul style="list-style-type: none"> <li>- Activates the cell and adjust hormone to a well-balanced level.</li> <li>- Helps in fat emulsion and improve solution of fat-soluble vitamins.</li> <li>- Removes the stain.</li> <li>- Prevents arteriosclerosis.</li> <li>- Helps to improve brain function and memory capacity.</li> </ul>
Wheat Grass Juice Powder	- An excellent detoxification agent.
Barley Grass Juice Powder	- Strong antioxidant.
Alfalfa Grass Juice Powder	- An ideal food, which contains lots of essential nutrients.
Acerola Grass Juice Powder	- Moisturises the skin.
Astragalus Powder	- Contains lots of vitamins, fatty acid, protein, etc.
Nova Scotia Dulse	<ul style="list-style-type: none"> <li>- Long-term use can help to protect against high blood pressure, diabetes mellitus, neuro diseases and colon cancer.</li> <li>- Helps in oral health and hair care, moisturises the skin.</li> </ul>
Spirulina	<ul style="list-style-type: none"> <li>- A balanced natural whole food. It provides protein, vitamins, chlorophyll and minerals that the body needs.</li> <li>- Builds up energy, adjusts hormone to a well balanced level. Helps to neutralise the acidic base in one's body.</li> <li>- Helps to prevent degenerative disease.</li> </ul>
Enzyme	- Helps in digestion, detoxification and has anti-inflammatory property.
Bifido-bacteria	- Strengthens the immune system and protect against cancer.
Japanese Green Tea Powder	- Provides relief from fatigue, reduces cancer risk and prevent arteriosclerosis.
Lotus Root Powder	- Helps reduce thirst and extravasated blood.
Apple Fibre	<ul style="list-style-type: none"> <li>- Reduces colon cancer risk.</li> <li>- Enhances natural cleansing and detoxification.</li> </ul>
Dunaliella Salina Algae	- Rich in minerals.
Chlorella Powder	- Ease skin problems, arthritis.
Citron Powder	- Helps in healing cough.
Passion Fruit Extract	<ul style="list-style-type: none"> <li>- Good source of antioxidants, vitamin C, carotenoids, phenolics, flavonoids.</li> <li>- High in carbohydrates.</li> <li>- Contains plant sterols that have been suggested to help lower cholesterol.</li> <li>- Anti-microbial activity inhibits the growth of E. coli.</li> </ul>
Pineapple Extract	<ul style="list-style-type: none"> <li>- Rich in beta-carotene (pro-vitamin A), vitamin C and vitamin B-complex.</li> <li>- Helps in cleansing, detoxification, providing alkaline affects, purification of the intestines and the blood.</li> </ul>
Black Beluga	<ul style="list-style-type: none"> <li>- A type of lentils which is rich in protein, including essential amino acids isoleucine and lysine.</li> <li>- Contains dietary fibre, folate, Vitamin B1 (Thiamine) and minerals.</li> <li>- Lentils are one of the best vegetable sources of iron, which is important for adolescents and pregnant women, and also a factor in red blood cell formation.</li> </ul>



ORGANIC

Humans have made discovery on plant and vegetable foods that possess healing properties. This type of food, according to this reasoning, evolved the capacity to synthesize precisely those nutritional and healing substances that would be required by humans long



#### Direction of use :

Take one enclosed scoop per serving and mix it with water before stirring it thoroughly. It can be taken from 1 up to 3 times a day. You can mix it with milk or juices for a better taste. This product contains lots of soluble fibres, which turn into gel form after mixing it with water. It is recommended that you take it as soon as it is prepared.

**Adult** : Add 1 scoop (10g) of **K-BioGreen** to 300cc of warm water.  
Drink immediately.

**Children** : Add 1/2 scoop (5g) of **K-BioGreen** to 300cc of warm water.  
Drink immediately.

#### Notes :

- Only natural ingredients are used for this product, but if you notice or experience any unusual circumstances to your body, you must reduce the amount of consumption or stop consuming it.
- As it contains abundant fibre, you may encounter loose bowel movements.
- At the beginning of cleansing and detoxification process, there are a few symptoms that you may experience as toxins, waste and free radicals are removed from the body, such as increased bowel movements, frequent urination, swollen glands, skin blemishes, flu-like symptoms (chills, fever, mucous discharge) or slight headaches. While these symptoms may be an inconvenience, these are positive signs that your body has begun to cleanse and detoxify. The temporary discomfort is worth the benefits of improved health.
- Close cap firmly after use.
- Keep out of the reach of children.



## Conclusion

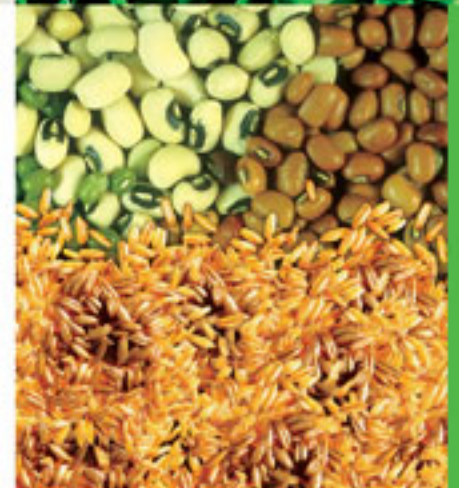
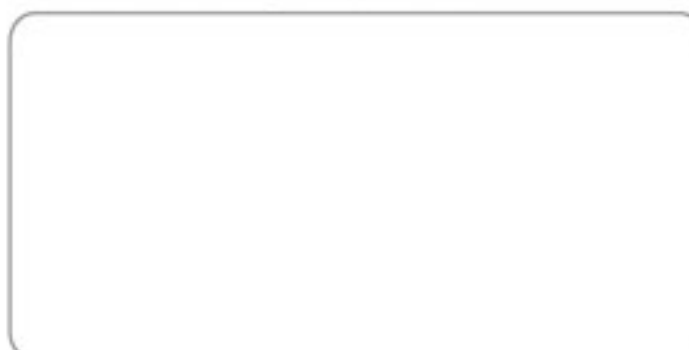
Organic food can help to prohibit hydrogenated fats, the cause of cancer, diabetes, heart disease and obesity, aspartame a kind of neurotoxin, phosphoric acid, that can be found in soft drinks and this causes osteoporosis. It can also help to prohibit the use of antibiotics that reduce immunity, hormones that give side effects such as obesity, multigenerational cancer and others, pesticides as well as herbicides that cause carcinogenic and also mutagenic effects. Due to its many benefits, organic food such as Organic **K-BioGreen** is now widely chosen by many people to maintain good health.

For Further Information, Please Contact :



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GRAINS



GREENS



FRUITS